



CURATED BY  
**TARA BERNERD**



For more mood boards,  
visit [moods.myinspiredesign.com](https://moods.myinspiredesign.com)

# NATURAL ELEMENTS

Biophilic design is something that has held a fascination for me for some time. Whether we are designing a project in a city-center location or for a resort hotel, we try wherever possible to introduce a connection with light and nature into our designs.

This can take many forms from green walls, to planters, to blurring the lines between indoors and outdoors. This link with nature helps imbue an added sense of calm and wellness to a space, as well as quite literally helping us to breathe. Sometimes, it can be as simple as making a connection to the outside with plenty of natural light, as in the Penthouse Suite bathrooms at The Hari Hong Kong.

For Thompson Hollywood, opening this summer, we've sought inspiration from a mixture of West Coast modernism with a dash of old-school Hollywood glamour. Planters, so typical of mid-century design, have been placed throughout the first-floor reception and lounge lobby, as well as in the guestrooms, to bring the feeling of arriving in a very glamorous oasis in the heart of the city.

[tarabernerd.com](https://tarabernerd.com)



Photo: Stirling Elmendorf



Photo: Dennis Lo



Photo: Heiner Orth



Photo: Ana Luli



Photo: Philip Vile